May Southwood Scoop

Hey Sabres! We are the senior leadership class here to give you the monthly Southwood Scoop updates.

1. Monday, May 5th, until Friday, May 9th, is Grad Week.

We have a week of fun, exciting activities set out for the graduating class.

- *Monday May 5th* is **Decision day**. Wear your merchandise from the post secondary school or workplace you're attending next year! If you are taking a gap year, be sure to wear a GAP hoodie.
- Tuesday May 6th is Crowning Senior day. Be sure to full out the google form in the graduating classroom to cast your vote!
- Wednesday on May 7th is a blending learning day. No events will be taking place on this day so don't show up to school.
- The **Grad Breakfast and Senior Sunrise** will be on *Thursday May 8th*. Senior Sunrise starts at 7AM, in the back field. Come and "Celebrate the beginning of an end". The Grad breakfast will be in the cafeteria at 9 AM. Come socialize with your fellow graduating students!
- Friday May 9th is **Dress as your Future Profession day**. Show Southwood who you aspire to be. Students from all grades are welcome to participate in this day.

2. Monday, May 12th, until Friday, May 16th, Mental Health & Wellness Week.

From *May 12 to May 16*, we have our **Mental Health and Wellness week** happening at Southwood. Every day during break that week, we will have calming, de-stressing activities, including wellness kahoot, wellness planting, and stress ball making. We will also be having our own ice bucket challenge to raise money for the Active Minds organization, as well as a Wellness Expo where you can learn more about organizations that can help with mental health. More details will be coming soon!

3. Thursday, May 29 is Spring Fest.

On *May 29*, Southwood will be hosting our very own **Spring Fest**. Spring Fest will be an extended lunch from 10:15 AM - 12:15 PM, with food trucks and games and activities. This event will take place on the grassy area outside the school by the bus stop. We will have a variety of food trucks coming, including Fo' Cheesy, Heat up the grill, Beaver Tail, Hitched Coffee, Indulge ice cream and more! Make sure you bring cash and debit to get a snack! There will be a variety of games and activities, including the all-time favourite dunk tank. Be sure to bring cash to soak your favourite teacher! Be ready for a jam-packed, fun-filled extra-long lunch!

4. Stay in the Loop at Southwood

Do you ever feel unsure about what's happening at school? Stay informed by joining the Southwood Activities Classroom and following @SSSwrdsb on Instagram!

All school events will be posted in the Southwood Activities Classroom, with some highlights shared on Instagram. To make sure you don't miss anything, be sure to join the classroom using the code **4d6hhjb** or scan the QR codes in the hallways.

* Grade 12 Classes Only*

Southwood Secondary School PROM 2025 Theme: Lights, Camera, PROM!

Ticket Sales:

- Students are required to have a valid 2024/2025 student card to purchase prom tickets
 - If students do not have a student card, they can buy one on a school day or speak to our office staff
 - Any guests from Southwood or other High Schools will need a valid student card to purchase a ticket
- Every student needs to complete a prom dance contract that requires a parent/guardian signature (unless the student is 18)
 - Students who are guests **and** attend Southwood are still required to have their VP or Principal sign their dance contract
- Students bringing a guest need to have a completed guest contract. Tickets are sold at lunch in the front foyer, starting May 5 May 17.



Any allergies or dietary restrictions should be communicated to the Prom Committee when purchasing tickets or emailed directly to kathy_dinh@wrdsb.ca

There are no physical tickets for this event — students will be sent a confirmation email closer to the date. Students and guests will be added to a list and crossed off the list once you enter the venue.

Prom Event Details

Location: Ken Seiling Waterloo Region Museum

Address: 10 Huron Rd, Kitchener, ON N2P 2R7

Date: Thursday, May 22, 2025

Start/End Time: 7:00 PM - 10:00 PM | <u>Doors Close at 7:30 PM</u> ______

- Required for Students and Guests: A student card and/or ID to enter the venue
- No Coat Check
- Review Contract and School Code of Conduct

Vendors:

- DJ Matt Panday
- WNDW by Judy Nguyen (Photographer and Photo Booth)
- Candy Table: Prom Committee
- Catering services: Chef D (Buffet Style)
 - o Pasta, Sliders, Desserts, A variety of soft drinks